## NewsBoard













### Sunday 24th & 31st October 2021

#### A Note From

### Your Vicar

1.00AM 'What's that?'

'It's the dog snoring'.

2.00AM 'What's that?'

'The dog is still snoring, go to

sleep'.

3.00AM 'Is that an alarm'

'...It's the dog...yes it's an alarm'.

3.05AM 'Beepbeepbeepbeep

beep beeeeeeeeeeum..' (sound of batteries falling out of carbon monoxide alarm)

4.00AM 'gotosleepgotosleepgoto

sleepgotosleepgo tosleepgotosleepgo

tosleepgotosleep goto sleepgotosleepgotosleepgo tosleepgotosleepgotosleep gotosleepgotosleep

gotosleep'

When did I fall asleep? I have no idea. I only know my legs felt like jelly this morning, my head is in a fog and it's taking me three times normal length to write this piece.

Sleep is underrated.

It is a strange thing; every night we go to bed, close our eyes and don't know what happens around us for hours on end. The experts says its not being 'unconscious' but a different kind of conscious in which your body repairs itself, your brain does maintenance work allowing your mind to wander and work out the odd bits through dreams and nightmares.

As any new parent knows sleep deprivation is a form of torture which does strange things to the body and mind but wider than those early months/years of child rearing, experts tell us we live in a 'sleep deprived' society. The reasons for this are complicated including work, technology and lifestyles; for example, the CEO of Netflix described 'sleep as 'their main competition' and sleeping pills are routinely taken by millions each day. We live in an anxious time which undermines our sleep; which makes us more anxious and the cycle grows and grows.

One of the recurrent themes in the bible is the vulnerability that comes with being 'differently conscious' for so long; that sleep requires safety, trust and peace.

It is hard to sleep when you do not feel safe. The Psalmist writes 'In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety'.

This is not extra-ordinary faith – rather it is a realisation that I cannot and do not control everything. Whatever checks one makes – doors locked, kids safe, security alarms, etc etc – we can never control all the variables and recognising this truth, my only choice is to trust the Lord. In peace, I will lie down and sleep... Unless the batteries rugout again. God bless,

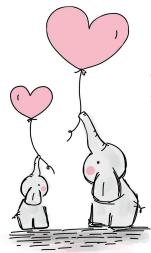
Nick

# St George's Good News

As life can be rather depressing at times when we read the papers and look at the News, we need to remind ourselves that sharing a smile and good news with one another can be a real blessing.

So when we can, we like to share with one another happy, nice, heart-warming things that have happened to us, or share something that has touched us. Do get in touch to share any good news stories, or share a favourite bible verse, prayer or poem. Has something made you laugh this week? Share it with us...we could all do with as many smiles as we can.

Now, I try to be the fount of all knowledge but I do fail miserably and I dont always get to hear what we're all celebrating but I am delighted to announce some lovely things that people have been celebrating or are just about to.....



#### **WELCOME MINNIE!**

We are so delighted to announce the safe arival of **Minnie Perkins.** The McKegneys are obviously good breeders of girls as they have welcomed their 3rd Granddaughter - the second for daughter Megan and husband Matt (who married here at St George's in a magical Christmas time wedding). Huge congratulations to you all. Enjoy those wonderful baby cuddles!



One Anniversary that didnt make it's way to my ears until after the event was the Golden Wedding Anniversary of our wonderful **Rachel and David Neal.** We're so pleased you had wonderful celebrations with your family and may we take this opportunity to say **HAPPY ANNIVERSARY** to such a delightful couple. We do hope it was as special as you.





#### HAPPY 21ST BIRTHDAY!!

Nothing is ever too much trouble for our Matthew (or Matt as I now like to call him!:)). He helps out even when he's got far too much on himself. He's a prime example of someone who has a really big heart, putting others first at all times and has a maturity beyond his years. I know many of you have had the privilege of watching this young boy grow up into the finest young man that any Mum would be proud of, so I know I am saying on behalf of everyone here - **HAPPY 21ST BRITHDAY**MATTHEW! And we hope that your special day will be filled with love and laughter! So what are you now legal for? ......

St George's

### Small Groups

The St George's Soul Strollers enjoyed their sunny October walk around Trull - ending with a sociable cup of coffee at The Hive - and a bit of 'community outreach'!

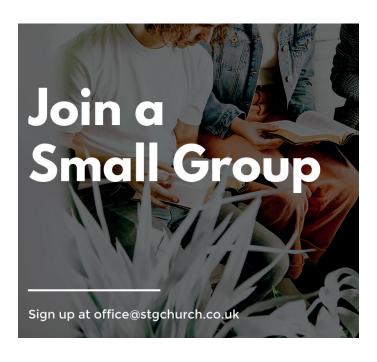






Next Stroll for the Soul - **Thursday 4 November.** Meet at the far side of the main Tesco Car Park for a stroll around Longrun Meadow. 10.30 start. Do join us!





If you would like to sign up for any of our small groups, please do get in touch. Sometimes trying to be a Christian can be really hard if you try to do it by yourself. We all need fellowship, encouragement and support on this faith journey we're travelling along. Some find it really helpful in a bible study, others in walking and talking but there maybe other ways you can learn, If you have an idea for a small group maybe a bible based baking group or a bike and bible group...let us know you're ideas!









On **Sunday 7th November at 3pm**, we are holding a Memorial Service to remember those we have lost. Although we will be paying particular attention to those dearly loved church members we lost during these Covid times and were unable to give a proper goodbye to, we would still like to use it as a time to remember all those we have loved and lost. If you would like to have a loved one's name read out and a candle lit during the service, get in touch with the Church Office and put their name forward so it can be read out in the service **by no later than Wednesday 3rd November.** Thank you so much!

This week's Mossy which thanks is for all of the lovely families who have joined us for our sessions and events this year so far. It has been wonderful to welcome so many families to Mossy Church as we explore creation together. We have enjoyed putting on events to try and enable everyone to stop, slow down and notice creation and Who it all points to.

This coming Monday (25th), we are going to be enjoying our final Autumn themed adventure. We have lots of families booked on already, but there is space for more. Booking closes on Sunday morning at 10am, so if you're reading on Saturday, book your free place now! https://mossyautumncrunchytrail.eventbrite. co.uk We will be hunting for lost acorns on our squirrel trail, doing lots of seasonal crafts, and the 'mini' adventurers will be singing songs and having stories.

AUTUMN FAMILY
CRAFTY TRAIL
HALF TERM
FOR FAMILIES WITH
CHILDREN AGED 0-14

MONDAY 25TH OGTOBER
TOAM-12PM UN THE GHURGHYARD
STORIS, SONGS & CRAFTS FOR
0-53 IN OUR MIN MOSSY AREA

SEASONAL CRAFTS " AUTUMN GAMES
CREATIVE WRITING " & LOTS MORE!

BOOK YOUR FREE PLACE NOW @
HTTPS://MOSSYAUTUMNCRUNCHYTRAIL.
EVENTBRITE.CO.UK
FIND US ON FACEBOOK

Looking forward, we are delighted to have a family 'Stargazing' event on **November 27th 4.30-6pm at Wildside**. Full details can be seen on our Facebook event page, but this is proving already to be popular, so do book soon! https://mossychurchstargazing.eventbrite.co.uk



As ever we would love to hear how you are enjoying this beautiful season. Do you feel inspired by creation around you? Take time today to notice something new & give thanks to the One who made it all.



### Rev'd Dr Nick Griffin

Tel: 01823 774128

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Churchwardens

Peter Joyce - 07761 407433

Hilary McKegnen - 07460 471514

## CHURCH OFFICE WILL BE CLOSED MONDAY 25TH - MONDAY 1ST NOV

**OPEN FOR BUSINESS ON TUESDAY 2ND NOV** 

HURRAH! Peace and quiet and no annoying emails I hear you cry! Yep, the brain and body need to be recharged and reset so I'll be taking some time off from this extremely busy Parish Office next week but back on Tuesday 2nd, ready and raring to go for the Advent season ahead!

Thanks evolyone! Enjoy the peace and quiet!!

### 107.8 Tonefm

### They liked him so much, they asked him back!!

The 'Community Connection' program on Tone FM will be featuring a **Pause For** 

Thought from our very own
Normal Steel. Norman used to do a Pause
For Thought for BBC Radio 2 and those of
you who know our Norman, knows what a
great sense of humour he has so do tune
in to hear him live on our local airwaves.
It should go out at around 09:30 and again
in the evening at 19:30pm

#TuneIn

### St George's **Our Week**

#### WEEK COMMENCING 24TH OCTOBER 2021

SUN 9.45AM ONLINE SUNDAY SERVICE

10.00AM HOLY COMMUNION SERVICE (WITH SUNG

11.00AM COFFEE ZOOM

MON (10.00AM MOSSY CHURCH EVENT

2.30PM FUNERAL OF MICHAEL (MIKE) JONES

9.00PM COMPLINE NIGHT PRAYER ON ZOOM

TUES

**WED** 

THURS 12.30PM PURSUIT WORSHIP TIME

FRI

SAT

#### **WEEK COMMENCING 31ST OCTOBER 2021**

9.45AM ONLINE SUNDAY SERVICE 10.00AM HOLY COMMUNION SERVICE

11.00AM COFFEE ZOOM

MON 10.00AM BUGGY BUDDIES

9.00PM COMPLINE NIGHT PRAYER ON ZOOM

TUES 10.00AM HOLY COMMUNION (SAID BCP SERVICE)

WED 9.30AM STAY AND PLAY

2.00PM PRAYER SPACE (WINSTON ROOM)

THURS 10.30AM STROLL FOR THE SOUL (LONGRUN MEADOW)

12.30PM PURSUIT WORSHIP TIME

FRI

SAT

#### **FUTURE DIARY DATES TO NOTE!**

SUNDAY 7TH NOVEMBER
11.30AM OUTDOOR WORSHIP SERVICE
3.00PM MEMORIAL SERVICE
SATURDAY 13TH NOVEMBER SOUP SATURDAY



During our Sermon Series, if you would like to follow the Church of England Lectionary readings on Sundays for this next fortnight are:

Sunday 24th October

Hebrews 7:23-end and Mark 10: 46-end Sunday 24th October

Hebrews 9:11-14 and Mark 12:28-34

ST GEORGE'S

### **Charity Information**

# Practical **ACTION**

Our collections for Harvest and October will go to **PRACTICAL ACTION** who work with local farmers in developing countries where farming is difficult - to develop small-scale, sustainable ways to increase production which enhance the fertility of the soil and reduce climate change.

In Kenya Practical Action is working with young farmers on a poultry project which increases production, teaches how to use chicken

droppings to grow worms that can be fed to the chickens, and how to use crushed egg shells from hatched eggs to supplement the chickens' feed to boost their calcium levels - and how to make briquettes from wood ash to provide heat for brooding chicks instead of using electricity, reducing energy use. These small techniques are making small poultry businesses profitable and sustainable, so that farmers can feed their families from their local land.

In other projects they are teaching ways of sustainably recycling plastics to make alphabet blocks which are used as teaching aids in local schools, and helping communities access clean, sustainable water supplies - learning about hand hygiene and preventing the spread of severe disease.

Practical Action knows that working with local people to use these small sustainable actions can greatly enhance the life chances of families.

Please donate if you can. There will be a retiring collection by the church door for those of you who come along to our in church services and for those joining in with Church At Home, you can stil donate either by donating online at: https://practicalaction.org/donate/ or post a cheque to The Robbins Building, 25
Albert Street, Rugby, CV21 2SD



### CHRISTIAN AID PRAYER BOATS OF HOPE

Christian Aid COP26. I do hope some of you have prayed and made prayer boats and put them on your windowsill and/ or desk at work. Hopefully you will be bringing one to church for the church flotilla. As well as praying for COP26 and the keeping of the promises made there, please pray and keep praying for people in developing countries who have suffered most from climate change and who have not the funds to keep from starving etc. Please also consider them in other practical ways. Covid has stopped us doing as much as we usually try to do to raise funds for Christian Aid. God has no hands but our hands to do his deeds of love.....

Holen Price



WE ARE TRYING TO RECRUIT MORE

VOLUNTEERS AT OPEN DOOR. THERE IS A WIDE VARIETY

OF ROLES WHICH NEED FILLING. ANY ONE INTERESTED

CAN CONTACT MARK ON 01823 271996 OR SPEAK TO

SUE STENHOUSE AFTER THE SUNDAY SERVICE.

THANK YOU!



Nikki Mumby is attempting to do 310,000 steps through
October for SANDS -Still Birth And Neo Natal Death Society.
It would be great if we could support her by donating to
her fundraising page! Thank You!
https://www.facebook.com/donate/1062543834488618/4489422011123404/

### Prayer Space is back!!

PRAYER SPACE RETURNING WITH A NEW TIME AND DAY: **WEDNESDAY 3RD NOVEMBER 2PM** IN THE WINSTON ROOM. HALF AN HOUR OF PRAYER AND QUIET TOGETHER. DO JOIN US!

Merciful Lord, your love reaches beyond the grave. At the end of our days on earth be with us and with those we love and with those whom we love and have gone before us.

We pray now for those who have recently died

- we particularly think of

Michael (Mike) Jones whose funeral

will be on Monday (25th October) We remember those whose anniversaries are in this next fortnight:

William Fell, Margaret Gordon, Meryln Carson, Michael Ryland, Grace Tracey, Geoffrey Matthews, Norah Moyle, Rita Pointing, Kathleen Suter, Arthur Walker, Vera Marriott, Judy Breeze

so comfort those bereaved by their passing and hold them close.

Through Jesus Christ, our lord.

Amen.



teach us to be faithful in change and uncertainty, that trusting in your word and obeying your will we may enter the unfailing joy of Jesus Christ our Lord.

Amen

The Collect Sun 31st Oct

God of glory,
touch our lips with the fire of
your Spirit, that we with all
creation may rejoice to sing
your praise;
through Jesus Christ
our Lord.

Amen

# Prayer Space

Everlasting God we thank you that your written Word continues to inspire us, showing us who you are, how you love us, how we should live and what we can be.

We thank you for all from our churches who contribute to worship by reading out your word. Give them and us discernment as we hear and inwardly digest the wisdom that we receive.

#### Lord, in your Mercy: Hear our Prayer

Creator God we thank you that Scripture shows us that you care for the entire world and all its People. We especially pray for all migrants and refugees around the world, especially those from Afghanistan, that they would be able to unite themselves to the Holy Family who shared in their plight and would meet kindness and generosity in their search for a home.

We give you thanks for the positive response from many countries and pray that this welcome be extended by many more.

#### Lord, in your Mercy: Hear our Prayer

Gracious God we pray for the sick, the lonely and the hurting in our community and for those who care for them. Help them to draw strength from the love of our Lord Jesus shown through the words of scripture. As we think of the power of your Word to set captives free, we pray too for those who are chained by situations beyond their control or by sickness of body, mind or spirit.

#### Lord, in your Mercy: Hear our Prayer

Faithful God, we pray for all who bear the burdens of pain, bereavement, anxiety and depression. We pray that they may have an awareness of Your presence bearing those burdens with them and always working towards their healing and wholeness.

#### Lord, in your Mercy: Hear our Prayer

Holy God hear these and all our prayers and let the words of our mouths and the meditations of our hearts be acceptable to you, O Lord, our Strength and our Redeemer.

Merciful Father: accept these prayers for the sake of your Son, our Saviour, Jesus Christ.
Amen